

JOHN CRAFT INVITE

January 18, 2020(FINAL)

Field Events

9:00am Men
Follows men Women

Follows WT Men
Follows Women

1:00pm Men
3:00pm Women

11:00am Men
Follows men Women

Follows LJ Men
Follows men Women

11:00am Women
2:00pm Men

Running Events

12:30 Men
12:40 Women
12:55 Men
1:10 Women
1:25 Women
2:00 Men
2:35 Women
2:55 Men
3:15 Women
3:25 Men

Event

Weight Throw

Shot Put

Pole Vault

Long Jump

Triple Jump

High Jump

60 H Prelims

60 M Prelims

Mile

400-meter dash

600-meter run

ALL 200 METER RUNNERS MUST DECLARE (25 MINUTE WINDOW 3:15-3:40)

3:40 Women
3:50 Men
3:55 Women
4:00 Men
4:05 Women
4:20 men
4:45 Women
5:10 Men
5:35 Women
6:05 Men
6:30 Women
6:55 Men
7:10 Women
7:25 Men

60 Hurdle Finals

60 Meter Dash Finals

800 Meter run

200

3K

DMR

4x4

EASTERN
ILLINOIS™